



What's On 2019

@ clubtennis.co.uk

✉ info@clubtennis.co.uk

(for coaching enquiries: n8tennis@gmail.com)

☎ 07757 450 906

(for coaching enquiries: 07548 169 884)

📘 SCTC – The Tennis Club

📷 @sctcthetennisclub

📍 97-101 Gander Green Lane, Sutton SM1 2ES



3 hard courts (all floodlit), 4 artificial clay courts (3 floodlit)

Sutton Churches Tennis Club is a Registered Venue of the Lawn Tennis Association.

For information on our policies please visit clubtennis.co.uk





SUTTON CHURCHES TENNIS CLUB
97-101 GANDER GREEN LANE, SUTTON, SM1 2ES

NEW MEMBERS OFFER! £45

8 WEEKS UNRESTRICTED MEMBERSHIP
6 WEEK GROUP COACHING COURSE

 **THE PERFECT WAY INTO CLUB TENNIS FOR NEW PLAYERS OF ALL ABILITIES**

 **PLAY AS MUCH TENNIS AS YOU WANT, INCLUDING OUR SOCIAL MEMBER SESSIONS**

 **PRACTICE THE FUNDAMENTALS WITH FREE LESSONS WITH OTHER NEW PLAYERS**

 **JOIN ANYTIME! COACHING COURSE START DATES:**

16TH APRIL
21ST MAY
25TH JUNE
3RD SEPTEMBER
8TH OCTOBER

LESSONS TUESDAYS 7.30-8.30PM. START DATES SUBJECT TO CHANGE

 **CHOOSE TO EXTEND TO PERMANENT MEMBERSHIP, NO OBLIGATION!**

**CONTACT HEAD COACH
NATHAN WORRELL**

07548 169 884
N8TENNIS@GMAIL.COM



TENNIS FOR ADULTS

With 6 social sessions a week and dedicated coaching, there are lots of great value opportunities to get involved at Sutton Churches for players of all levels.

NEW MEMBER TRIAL OFFER!

- Temporary membership for £45
- 8 weeks of unrestricted club access
- FREE 6 week group coaching course included
- Extend to permanent membership at end of 8 weeks
- www.clubtennis.co.uk/Register

Group coaching available to all members, all year round on Tuesday evenings, Thursday evenings & Saturday mornings

SOCIAL TENNIS

A series of doubles matchplay sessions are available every week of the year! Come along and play friendly sets with other members.

Monday from 6pm (singles play)

Tuesday from 6pm

Wednesday from 6pm

Friday 10am-12pm*

Saturday 2-6pm

Sunday 10am-12pm

*available to off-peak members

PRIVATE LESSONS

We offer private lessons with qualified, experienced coaches for 1-4 players starting at £25 incl. floodlights.

MEMBERSHIP RATES

Full: £170/yr

70+: £153/yr

Off peak: £85/yr (Mon-Thu until 5pm, all day Friday, any group coaching and cardio sessions)

18-25yrs: £93/yr

Student 18+: £79/yr

Season is May-April. Prices prorated monthly from September onwards.

BOX LEAGUES

At SCTC players can participate in Singles and Mixed Doubles box leagues.

- Two seasons a year with promotion/relegation
- Arrange your own matches and play lots of different club members
- Results and leader boards run on the club website
- Trophies available for every division, and other prizes to be won
- All for just £10 entry!



Look for the Events on the competitions section of our website!

clubtennis.co.uk

CARDIO TENNIS FITNESS



Get fit, get strong, burn lots of calories and improve your tennis!

Suitable for all fitness and tennis abilities – no experience or equipment necessary

THURSDAYS: 9:45am – 11:00am or 7:00pm – 8:15pm

Courses start throughout the year – get in touch for further details

Cardio Tennis Fitness combines a tennis-based cardio workout with strength-based circuit training to give you a fun and effective whole-body workout. Group sessions set to music are led by a qualified tennis coach and/or personal trainer and open to adults of all abilities.

Sutton Churches Tennis Club, Gander Green Lane, Sutton

Cost for 6-session course: £60 (£42 for members of SCTC)

Contact: Kirsty on kj_barrow@hotmail.com
or Patricia on patricia@fourfoundationsfitness.com



COME AND JOIN THE FUN

With smaller courts and rackets and lower bouncing balls LTA Mini Tennis gives children aged 3 - 10 the perfect introduction to tennis



Junior Coaching

Try before you buy, first session free!

MINI RED

3-8 Years

Wednesdays 4-5pm
Saturdays 10.30-11.30am,
11.30am-12.30pm, 12.30-1.30pm



MINI ORANGE 8-9 Years

Mondays 4.15-5.15pm
Wednesdays 5-6pm
Saturdays 10.30-11.30am

MINI GREEN 10 Years

Mondays 4.15-5.15pm
Saturdays 10.30-11.30am



YELLOW BALL 11+ Years

Fridays 4.45-5.45pm
Saturdays 9-10.30am
Fridays 5.45-6.45pm (girls social)

SIBLING DISCOUNT: 10% 2nd child, 15% 3rd child!*

JUNIOR MEMBERSHIP: £48/yr 18 & Under, £38/yr 8 & Under (May-April. Prices prorated from September)

PARENT MEMBERSHIP: £52/yr for parents of primary aged children who wish to play with them.

Contact Head Coach NATHAN WORRELL for info or to book
n8tennis@gmail.com / 07548169884

*For full courses only.

Coaching accredited and licenced through the LTA



**SUTTON CHURCHES TENNIS CLUB, 97-101
GANDER GREEN LANE, SUTTON SM1 2ES**

GIRLS TENNIS SQUAD!

FRIDAYS 5.45-6.45PM

COME AND GET INVOLVED!

- 🕒 FOR GIRLS IN SECONDARY SCHOOL/SIXTH FORM**
- 🕒 FUN, SOCIAL AND RELAXED**
- 🕒 PLUG YOUR PHONE IN AND PLAY TO YOUR FAVOURITE TUNES**
- 🕒 ALL ABILITIES ARE WELCOME**
- 🕒 FIRST TWO SESSIONS ARE FREE!**

**FOR INFO CONTACT
NATHAN WORRELL**

**07548 169 884
N8TENNIS@GMAIL.COM**

Racquet Stringing @ SCTC

- All racquets strung within **48 HOURS** of receipt, on site at SCTC
- Super-accurate **electronic tensioning** ensures perfection every time!
- Prior consultation to help you choose the right string and tension, and SMS notification as soon as your racquet is ready



Prices

Synthetic Gut Basic Comfort string, thick gauge string for maximum durability.
GOSEN™ PROFORM TUFF (1.37mm) **£17**

**COMFORT
POWER
PLAYABILITY**

Synthetic Gut Deluxe For superior comfort and feel, cross-string in hybrids.
GOSEN™ OG-SHEEP MICRO (1.22 or 1.29mm) **£20**

Hybrid Half Poly and half Synthetic Gut. Price is average cost of selected strings.

Poly For high performance spin and control. Recommended for advanced players.

WEISSCANNON™ SCORPION (1.22mm) **£19**
YONEX™ POLY TOUR PRO 120 (1.20mm) **£22**
VÖLKL™ CYCLONE TOUR (1.25 or 1.30mm) **£23**
BABOLAT™ RPM BLAST (1.25mm) **£25**

**CONTROL
SPIN
DURABILITY**

Bring your own string **£14**

Special order **VARIABLE**

For specific strings purchased in by customer request. This service is variably priced depending on string availability/type. These orders will take between 3-7 days.

Add a Grip!

WILSON™ PRO OVERGRIP (White) To go on top of existing grip **£2**
YONEX™ HI SOFT GRAP To replace existing grip **£3**

Contact Coach Nathan Worrell
07548 169 884 | n8tennis@gmail.com